Monday through Friday except Holidays, Effective September 6, 2022

Eastbound

To Hempstead

Weekdays

For explanation, see "Reference Notes."																	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM						
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	J 1:49	J 2:59	J 4:51	5:26	5:47	6:47	6:58	J 7:37	8:03	J 9:05	J 10:10	J 11:10	J 12:10	J 1:10	J 2:11	J 3:03	J 3:34	4:32	5:04	5:38	5:51	6:39	J 7:33	J 8:25	J 9:42	J 10:37	J 11:45
Woodside	J 2:01	J 3:11	J 5:03	5:37	5:58	J 6:47	7:10	J 7:48	8:14	J 9:16	J 10:16	J 11:16	J 12:16	J 1:16	J 2:16	J 3:14	J 3:32	4:43	J 5:12	J 5:44	J 5:58	J 6:38	J 7:33	J 8:36	J 9:54	J 10:50	J 11:51
Forest Hills	J 1:28	.....	J 5:08	J 5:08	6:03	.....	7:15	J 7:39	8:18	J 8:48	J 9:53	J 10:53	J 11:53	J 12:53	J 1:49	J 3:19	J 3:19	J 4:19	5:18	5:55	6:05	6:54	J 7:47	J 8:41	J 9:45	J 10:20	J 12:00
Kew Gardens	J 1:30	.....	J 5:10	J 5:10	6:05	.....	7:17	J 7:41	8:20	J 8:50	J 9:55	J 10:55	J 11:55	J 12:55	J 1:51	J 3:21	J 3:21	J 4:21	5:20	5:57	6:07	6:56	J 7:49	J 8:43	J 9:47	J 10:22	J 12:02
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	J 4:30	J 4:59	J 5:12	J 5:47	J 6:41	.....	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	1:49	.....	.....	J 5:27	J 5:27	J 6:47	J 6:47	7:50	J 7:50	9:05	10:09	11:09	12:09	1:09	2:09	3:05	3:32	J 4:34	J 5:06	J 5:45	J 5:49	J 6:27	7:35	8:30	9:42	10:38	11:44
Nostrand Avenue	1:55	.....	.....	J 5:33	J 5:33	J 6:43	J 6:43	J 7:35	J 7:35	9:12	10:16	11:16	12:16	1:16	2:16	3:12	3:38	J 4:26	J 5:02	J 5:46	J 5:55	J 6:33	7:41	8:36	9:48	10:44	11:51
East New York	2:00	.....	.....	J 5:39	J 5:39	J 6:48	J 6:48	J 7:40	J 7:40	9:17	10:21	11:21	12:21	1:21	2:21	3:17	3:43	J 4:45	J 5:18	J 5:51	J 6:00	J 6:38	7:47	8:42	9:53	10:49	11:57
JAMAICA (Arrive)	2:10	3:20	5:14	5:46	6:10	7:04	7:21	8:07	8:26	9:26	10:30	11:30	12:30	1:30	2:30	3:26	3:53	4:52	5:26	6:03	6:13	7:01	7:54	8:49	10:03	10:59	12:06
JAMAICA (Leave)	2:12	3:22	5:16	5:48	6:13	7:06	7:23	8:09	8:28	9:28	10:32	11:32	12:32	1:32	2:32	3:28	3:55	4:54	5:28	6:05	6:15	7:03	7:56	8:51	10:05	11:01	12:08
Hollis	2:17	3:28	.....	5:54	.....	.....	7:31	8:15	.....	9:34	10:38	11:38	12:38	1:38	2:38	3:34	4:01	4:59	5:33	6:11	6:21	7:09	8:03	8:57	10:12	11:09	12:14
Queens Village	2:20	3:31	.....	5:56	.....	7:14	7:34	8:18	.....	9:37	10:41	11:41	12:41	1:41	2:41	3:37	4:04	5:02	5:36	6:14	6:24	7:12	8:06	9:00	10:15	11:11	12:17
Bellerose	2:22	3:33	.....	5:58	.....	7:16	7:36	8:20	.....	9:40	10:44	11:44	12:44	1:44	2:44	3:40	4:06	5:04	5:38	6:16	6:26	7:14	8:08	9:02	10:17	11:14	12:20
Floral Park	2:25	3:35	B 5:26	6:00	B 6:24	7:18	7:38	8:22	B 8:38	9:42	10:46	11:46	12:46	1:46	2:46	3:42	4:09	5:06	5:40	6:18	6:28	7:16	8:10	9:05	10:19	11:17	12:23
Stewart Manor	2:28	3:38	.....	6:03	.....	7:21	7:41	8:25	.....	9:45	10:49	11:49	12:49	1:49	2:49	3:45	4:12	5:09	5:43	6:21	6:31	7:19	8:13	9:08	10:22	11:20	12:26
Nassau Boulevard	2:31	3:41	.....	6:06	.....	7:24	7:44	8:28	.....	9:48	10:52	11:52	12:52	1:52	2:52	3:48	4:15	5:12	5:46	6:24	6:34	7:22	8:16	9:11	10:25	11:23	12:29
Garden City	2:34	3:44	.....	6:09	.....	7:27	7:47	8:31	.....	9:51	10:55	11:55	12:55	1:55	2:55	3:51	4:18	5:15	5:49	6:27	6:37	7:25	8:19	9:14	10:28	11:26	12:32
Country Life Press	2:37	3:47	.....	6:12	.....	.....	7:52	8:34	.....	9:54	10:58	11:58	12:58	1:58	2:58	3:54	4:21	5:18	5:52	6:30	6:40	7:28	8:22	9:17	10:31	11:29	12:35
HEMPSTEAD	2:41	3:51	.....	6:17	.....	7:33	7:56	8:38	.....	9:58	11:02	12:02	1:02	2:02	3:02	3:58	4:26	5:23	5:57	6:36	6:46	7:33	8:26	9:21	10:36	11:33	12:39
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	702	704	1606	706	1608	798	708	710	1612	712	714	716	718	750	752	754	756	758	762	766	768	772	776	778	780	782	784

To Hunterspoint Avenue & Long Island City
Monday to Friday except Holidays

Notes	Jamaica	HP Ave.	LI City	Train #
Morning Service				
Peak	6:20	6:37	6:45	603
Peak	7:09	7:26	7:34	2735
Peak	7:23	7:41	7:51	607
Peak	8:11	8:29	8:37	507
Peak	8:13	8:31	8:39	611
Peak	8:19	8:36	8:44	2703
Peak	8:25	8:43	.....	613
Peak	8:38	8:55	.....	509
Peak	8:54	9:11	.....	2739
Peak	9:12	9:29	9:37	511
Note 5	10:03	10:21	.....	2705

From Long Island City & Hunterspoint Avenue
Monday to Friday except Holidays

Notes	LI City	HP Ave.	Jamaica	Train #
Afternoon and Evening Service				
	3:24	3:40	3:57	656
Peak	.....	4:30	4:45	2712
Peak	4:44	4:59	5:16	560
Peak	.....	5:12	5:27	662
Peak	5:30	5:47	6:04	664
Peak	5:52	6:08	6:25	698
Peak	.....	6:30	6:47	668
Peak	.....	6:41	6:58	566

Reference Notes

A	Leaves from Platform A.
B	Leaves from Platform B.
J	Change at Jamaica. The track of your connecting train will be announced.
Note 5	Train will run Mondays only, through October 10th.
	Bicycles are NOT permitted on Peak trains (PM Peak restriction effective at 3:00 PM). Bicycles will not be permitted on the following holidays: New Year's Eve*/Day, St. Patrick's Day, Mother's Day, Good Friday, Easter Sunday, Memorial Day and the Friday before, Independence Day/weekday before/designated Federal Day off*, Labor Day and the Friday before, Columbus Day, Rosh Hashanah Eve, Yom Kippur Eve, Thanksgiving Eve/Day & the day after, Christmas Eve*/Day. Bicycles are also restricted during trackwork/busing programs; major NYC parades; special events (Belmont and Mets-Willets Point trains, US Golf Open), and/or other occasions expected to generate higher-than-usual levels of ridership. Also, certain Branch-specific restrictions apply during the summer season. Please visit the LIRR's Bicycle Policy Information webpage (www.mta.info) for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs; consult the MTA website for annual specifics.
Holiday Eve	Train runs April 15, May 27, July 1, September 2, October 4, November 23, December 23 and 30, 2022.
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas Day. Regular weekday service will operate on the day after Thanksgiving. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Customer Service Center

Long Island Rail Road Schedule & Fare Info: ..... www.mta.info
24-hour automated Schedule & Fare information

Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free **711** relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus 511
BUS SERVICES:
Nassau Inter-County Express ..... (516) 336-6600
Suffolk County Transit (Suffolk County Buses) ..... (631) 852-5200
HART (Huntington Area Rapid Transit) ..... (631) HART-BUS
City of Long Beach Buses ..... (516) 431-4445
RAILROADS:
Metro-North Railroad (New York City) 511
New Jersey Transit ..... (973) 275-5555
PATH (Port Authority Trans Hudson) ..... (800) 234-PATH
AMTRAK ..... (800) USA-RAIL
FERRY SERVICES:
Port Jefferson-Bridgeport Ferry ..... (631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau ..... (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only 911
MTA Police ..... (212) 878-1001
MTA Inspector General Hotline ..... (800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT		HOURS
Schedule Information	Say "Schedules"	24/7
Fare Information	Say "Fares"	24/7
Mobile Ticketing	Say "Mobile Ticketing"	Daily, 6AM – 10 PM
Mail&Ride	Say "Mail and Ride"	Daily, 6AM – 10 PM
Group Travel and Getaways	Say "Group Travel"	M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found"	Daily, 6 AM – 10 PM
Refunds	Say "More Options" - "Ticket Refunds"	Daily, 6 AM – 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines"	M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve"	Seasonal: May-Sept.
Comments & Concerns	Say "More Options" - "Public Affairs"	Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory"	M-F, 9 AM-5 PM

Long Island Rail Road
Jamaica Station
Jamaica, NY 11435

Title VI Statement

Long Island Rail Road is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964. For more information or to file a complaint, visit mta.info or contact: MTA Long Island Rail Road, Office of Diversity Management, 93-02 Sutphin Boulevard, Jamaica, NY 11435.

A complainant may also file a complaint directly with the U.S. Department of Transportation by contacting the Department at: U.S. Department of Transportation, Federal Transit Administration's Office of Civil Rights, One Bowling Green, Room 429, New York, NY 10004-1415.

Responsibility

Assaulting
MTA Long Island Rail Road Train Crew Members is a felony punishable by up to 7 years in prison.
New York State Penal Code 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

Monday through Friday except Holidays, Effective September 6, 2022

Westbound

To New York, Brooklyn & Jamaica

Weekdays

For explanation, see "Reference Notes."	Monday Only	Tuesday-Friday					Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM														
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	12:16	12:16	1:08	3:56	.....	5:01	.....	6:21	6:38	6:58	7:12	.....	8:02	8:20	9:04	10:07	11:07	12:07	1:07	2:07	3:12	4:04	4:53	5:41	6:20	7:08	8:01	9:01	10:16	11:19
Country Life Press	12:19	12:19	1:11	3:59	.....	5:04	.....	6:24	6:41	7:01	7:15	.....	8:05	8:22	9:07	10:10	11:10	12:10	1:10	2:10	3:15	4:07	4:56	5:43	6:23	7:11	8:04	9:04	10:19	11:22
Garden City	12:22	12:22	1:14	4:02	.....	5:07	.....	6:27	6:44	7:04	7:18	.....	8:08	8:25	9:10	10:13	11:13	12:13	1:13	2:13	3:18	4:10	4:59	5:46	6:26	7:14	8:07	9:07	10:22	11:25
Nassau Boulevard	12:24	12:24	1:17	4:04	.....	5:09	.....	6:29	6:46	7:06	7:20	.....	8:10	8:27	9:12	10:15	11:15	12:15	1:15	2:15	3:20	4:12	5:01	5:48	6:28	7:16	8:09	9:09	10:24	11:27
Stewart Manor	12:27	12:27	1:20	4:07	.....	5:12	.....	6:32	6:49	7:09	7:23	.....	8:13	8:30	9:15	10:18	11:18	12:18	1:18	2:18	3:23	4:15	5:04	5:51	6:31	7:19	8:12	9:12	10:27	11:30
Floral Park	12:30	12:30	1:24	4:10	A 4:19	5:15	A 6:13	6:35	6:52	7:12	7:26	A 7:55	8:16	8:33	9:18	10:21	11:21	12:21	1:21	2:21	3:26	4:18	5:07	5:54	6:34	7:22	8:15	9:15	10:30	11:33
Bellerose	12:32	12:32	1:27	4:12	.....	5:17	.....	6:37	6:54	7:14	7:29	.....	8:19	8:36	9:20	10:23	11:24	12:24	1:23	2:23	3:28	4:21	5:09	5:56	6:36	7:25	8:17	9:17	10:32	11:36
Queens Village	12:36	12:36	1:31	4:17	.....	5:21	.....	6:41	6:58	7:18	.....	8:01	.....	8:40	9:24	10:28	11:28	12:28	1:28	2:28	3:32	4:25	5:13	6:00	6:40	7:29	8:21	9:21	10:37	11:40
Hollis	12:39	12:39	1:34	4:20	.....	5:24	.....	6:43	7:01	7:22	.....	8:04	.....	8:43	9:27	10:30	11:30	12:30	1:30	2:30	3:34	4:27	5:16	6:02	6:43	7:32	8:24	9:24	10:39	11:43
JAMAICA (Arrive)	12:46	12:46	1:39	4:26	4:31	5:31	6:22	6:50	7:08	7:29	.....	8:11	8:29	8:50	9:33	10:37	11:37	12:37	1:37	2:37	3:41	4:33	5:23	6:10	6:50	7:39	8:31	9:31	10:46	11:51
JAMAICA (Leave)	12:49	12:49	1:43	4:34	4:34	5:33	6:23	6:51	7:10	7:31	.....	8:14	8:31	8:52	9:39	10:39	11:39	12:39	1:39	2:39	3:43	4:35	5:32	6:12	6:52	7:41	8:33	9:33	10:48	11:53
East New York	12:56	12:56	.....	J 4:42	J 4:42	5:41	J 7:00	7:00	J 7:26	J 7:55	.....	8:22	J 8:50	J 9:08	9:47	10:47	11:47	12:47	1:47	2:47	3:53	4:42	5:39	J 7:00	7:00	7:49	8:40	9:41	10:55	12:02
Nostrand Avenue	1:02	1:02	.....	J 4:47	J 4:47	5:46	J 7:05	7:05	J 7:37	J 8:00	.....	8:27	J 8:55	J 9:13	9:52	10:52	11:52	12:52	1:52	2:52	3:58	4:47	5:44	J 7:05	7:05	7:55	8:46	9:46	11:00	12:07
ATLANTIC TERMINAL	1:09	1:09	.....	J 4:52	J 4:52	5:51	J 7:03	7:10	J 7:27	J 7:54	.....	8:36	J 9:01	9:10	9:58	10:58	11:58	12:58	1:58	2:58	4:03	4:52	5:49	J 7:10	7:10	8:00	8:51	9:53	11:07	12:14
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	J 7:26	J 7:41	J 8:29	.....	J 8:36	J 8:55	J 9:11	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	J 12:53	J 12:53	.....	.....	.....	J 5:37	J 6:38	J 7:14	7:14	J 7:41	.....	J 8:25	J 9:14	J 9:14	J 9:48	J 10:43	J 12:14	J 1:14	J 2:17	J 3:17	J 3:56	J 4:39	J 6:01	J 6:31	J 7:06	J 8:08	J 8:37	J 9:37	J 10:52	.....
Forest Hills	J 12:55	J 12:55	.....	.....	.....	J 5:39	J 6:40	J 7:16	7:16	7:37	.....	J 8:28	J 9:16	J 9:16	J 9:50	J 10:45	J 12:16	J 1:16	J 2:19	J 3:19	J 3:58	J 4:41	J 6:03	J 6:33	J 7:19	J 8:10	J 8:39	J 9:39	J 10:54	.....
Woodside	J 1:00	J 1:00	J 2:06	J 4:43	4:43	J 5:45	J 6:33	J 7:06	J 7:27	J 8:17	.....	J 8:34	J 8:50	J 9:05	J 9:45	J 10:50	J 11:59	J 12:49	J 1:49	J 2:49	J 3:52	J 4:48	J 5:58	6:22	J 7:12	J 7:59	J 8:45	J 9:45	J 11:21	J 12:29
PENN STATION	J 1:12	J 1:10	J 2:02	J 4:53	4:53	J 5:55	6:41	J 7:14	7:34	7:52	8:03	J 8:44	8:51	J 9:17	J 9:56	J 11:01	J 11:59	J 12:59	J 1:59	J 2:59	J 4:02	J 4:57	J 5:54	6:33	J 7:19	J 8:09	J 8:55	J 9:55	J 11:08	J 12:12
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	701	701	703	707	1607	709	1615	799	713	715	717	1625	723	725	729	731	733	751	753	755	757	759	761	763	765	767	771	773	775	777

Station Services: Connecting Transportation

	Fare Zone				
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70-SBS	7
Forest Hills	1	Q23, Q60, Q64			E, F, M, R
Kew Gardens	1	Q10		Q10	
HUNTERSPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q34, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65		AIRTRAIN	E, J, Z
Hollis	3	Q2, Q3	(718) 479-7676	Q3	
Queens Village	3	Q1, Q27, Q36, Q88, n24	(718) 479-7676		
Bellerose	4	n25	(516) 328-8888		
Floral Park	4		(516) 328-8888		
Stewart Manor	4		(516) 354-3554		
Nassau Boulevard	4		(516) 742-2222		
Garden City	4		(516) 746-1542		
Country Life Press	4	n6, n15, n16, n27, n31, n32, n35, n40/41, n48,	(516) 746-1542		
HEMPSTEAD	4		(516) 489-4460		